



# Tuning in to Kids **ONLINE**

**Are you on the same wavelength with the children in your care?**

**Do you have children between the ages of 2-10 years in your care?**

**Tuning in to Kids is a 6 week program to help you tune into your children.**

Would you like to learn how to:

- Better tune into your child's emotions?
- Better understand your child?
- Help your child learn to manage their own emotions?
- Teach your child how to deal with conflict in their life?

Tuning in to Kids helps children:

- Calm themselves down when distressed
- Get along better with other children
- Express their emotions in more appropriate ways

**Cost**  
Free

**Date**  
Tuesdays  
May 10<sup>th</sup> - June 14<sup>th</sup> 2022

**Time**  
10:00AM - 12:30PM

**Venue**  
**ONLINE** via Microsoft Teams  
**\*\*You will need access to a desktop computer, laptop or smartphone with webcam, microphone and internet connection.**

**Get in touch**  
For more information, or to enrol please contact

Group Workers  
03 5990 8400

**Bookings essential**

**Uniting**