

Informed and empowered

Financial Independence Hub



**A free, confidential,
personalised service
supporting survivors
of financial abuse.**

Proud partner CommBank Next Chapter



Note: You do not need to be a CommBank customer to be eligible for this service.

What is the Financial Independence Hub?



A free, confidential, personalised service supporting people impacted by financial abuse across Australia to build their financial independence and achieve their goals.

‘Financial independence’ is different for everyone.

Do you want to:

- ✓ feel in control of your everyday finances and confident making decisions about money?
- ✓ understand your income and expenses?
- ✓ be able to budget independently?
- ✓ plan your spending and saving e.g. to buy a car or home?
- ✓ be able to pay bills or meet unexpected expenses?
- ✓ reduce or pay off debts?

“I have gone from feeling stupid about money to empowered and confident.”

We can help you with:

- one-on-one financial coaching that builds on your strengths, helps you develop financial goals and supports you to take practical steps that build your long-term financial independence.
- tools and skills to build your confidence in managing everyday finances, planning or working towards goals.
- understanding money - including areas that weren't previously within your control e.g. bills, debts and low credit scores.
- starting to save, e.g. to buy a car or home.
- support to plan to return to work or register for Centrelink.
- referrals or access other services you need.

Your Financial Independence Hub journey will be unique – just like you.

“Helping me to transform and take control.”



You are eligible if you:

- are a survivor of financial abuse, experienced through either domestic or family abuse.
- are in the recovery phase (ie. not in crisis) and ready to develop a plan for your financial future.
- are over 18 years of age and live in Australia. You do not have to be a permanent resident or have a visa.



“Financial coaching has been a massive healing space.”

You do not need to be a customer of Commonwealth Bank to access the Financial Independence Hub. You do not need to provide evidence or tell your story to access the service.

This service is free, confidential and tailored to your needs. There is no time limit. Your team will support you to identify realistic timelines to achieve your financial independence.

How it works:

Email FIH@goodshep.org.au

or phone 1300 050 150 to book a Welcome Call

Welcome Call



1.

Tell us about your current financial situation, needs and confidence with money. We will ask you to confirm you have experienced financial abuse as a result of domestic or family abuse but you do not need to provide evidence or tell your story.



2.

Together we will discuss different service options that may suit you – including matching you with a Financial Coach. If needed, we can refer you to other Good Shepherd services such as a Financial Counsellor, or external services including community legal centres, family abuse services and community supports.

Financial Coaching



Your Financial Coach will partner with you to develop your plan to move towards financial independence and determine how frequently to meet. We will meet with you until you feel you have achieved your goals.

Contact the Financial Independence Hub today

Phone

1300 050 150

Email

FIH@goodshep.org.au

Website

goodshep.org.au/FIH



Good Shepherd

Australia New Zealand

ABN 61 354 551 576

